

INTRODUCTION

Elders Helpline, established in 2002 is a joint project of Bangalore City Police and Nightingales Medical Trust, a voluntary organization working for elders welfare.

Senior Citizens in distress and in need of help are given prompt and reliable support by the Helpline, by way of intervention, counseling, resolving disputes, reconciliation, rehabilitation, legal advice, police intervention, tracing missing elders, advocacy, creating awareness and so on.

Providing authentic information when required is also one of the services. Often elders seek information and guidance in various situations. Of late, the Helpline often gets calls regarding concessions available to them.

Our surveys reveal that only 10% of elders are financially secure with regular retirement benefits. Some depend only on their savings. Many have no reliable income. As such, with the ever rising cost of living, fluctuating interest rates and the absence of state sponsored social security benefits, most of the aged seek for concessions in services such as medical, transport, bank etc.

For the benefit and convenience of senior citizens and to create an awareness among the community about this particular problem faced by the elderly, this booklet is released by the Helpline. This will be a ready reckoner to all the elders seeking concessions in Bangalore.

April 2008

Dr. Radha S. Murthy
Managing Trustee
Nightingales Medical Trust

PLEASE NOTE

All available information from those who have responded to our request, have been carefully compiled in this booklet.

However, for errors and omissions the Helpline cannot be held responsible.

Before availing the services, please verify the nature and extent of concessions, and carry with you an ID Card authorized by the Government.

OUR THANKS

Elders Helpline heartily thanks the volunteers and staff who worked hard to contact and interact with as many service providers as possible to collect and compile all these information.

Our special thanks to Mrs. Uma Murthy, our senior volunteer for her invaluable involvement in making this booklet so comprehensive and informative.

We appreciate and thank Mr. Balachandra for carefully typing and tabulating all the available data in a presentable way.

We also thank all the service providers enlisted herein for offering concessions to senior citizens and the cooperation extended to us.

Our very special thanks to the management of Wockhardt Hospital for their concern in elders welfare and for generously sponsoring this publication.

CONCESSIONS IN PRIVATE AGENCIES

HOSPITALS / NURSING HOMES

Sl. No.	Name and Address	Tel No.	Details of Concession
1	A.V. Hospital 9, Patalamma Temple Street, Basavanagudi, B-04	26573802 26573803	10% on inpatient services 25% on out patient, Lab and Radiology
2	Agadi Hospital No.35, H. Siddiah Road, Wilson Garden, B-27	22222925 / 921	20% on OPD Consultation Charges 10% on Laboratory charges and hospitalisation
3	Al.Ameen Hospital, 3, Miller Tank Bund, Off Cunningham Road, B-52	22260882 22912723 22354134	25% on overall bed charges and Theatre charges
4	Ananya Hospital Pvt. Ltd. 389/44, 19th Main, 1st Block, Rajajinagar, B-10	23527411 23527422	10% on Lab charges 5% on Hospital charges
5	Apollo Hospitals, 154/11, Opp I.I.M, Bannerghatta Road, B-76	40304050	5% on the total bill
6	Bangalore Baptist Hospital, Bellary Road, Hebbal, B-24	23330321 / 2 /3 / 4 23437970	5% on consultation
7	Bangalore Institute of Oncology Speciality Centre, 44-45/2, 2nd Cross, Off Lalbagh Double Road, Rajaram Mohan Roy Extension, B-27	40206008	10% on ward charges and for hospitalization nursing charges
8	Bangalore Kidney Foundation Pampa Mahakavi Road, Basavanagudi, B-04	22443467 26662991	Haemo Dialysis at a discounted price of Rs. 450/- per dialysis. Subsidised medicines under hospital prescription. Pickup and drop for consultation and investigation in the hospital.
9	Bangalore Kidney Super Speciality Clinic, 18, Residency Road, Opp. Konark Hotel, B-25	41480000	25% on Professional fees and Urological surgeries
10	Bhagwan Mahaveer Jain Heart Centre, Millers Road, 3rd Floor, BMJ Hospital, Vasanthnagar, B-52	41999300	10% on Procedures, Bed charges, Investigations and Nursing charges

11	Chinmaya Mission Hospital, CMH Road, Indiranagar, B-38	25280461 25281505 25202045	10% on Ward charges 20% on Lab charges
12	D.G. Hospital 274/275, MKP Road, Padmanabhanagar, B-70	26696179 26696810	10% on Lab investigation and Bed charges (On hospitalization only)
13	Deepak Hospital, 259, 33 cross, Kanakapura Main Road, 7th Block, Jayanagar, B-82	26637043 26654590	5% to 20% or more on all services
14	Deepak Nursing Home Old WIDIA School Bus Stop, Hesaraghatta Main Road, T. Dasarahalli, B-57	23720038 9880535831	Rs.50/- on Consultations 20% on Investigation and Hospitalisation
15	Diacon Hospital, 360, 19th Main, 1st Block, Rajajinagar, B-10	23323560 23329909	20% on Consultation & Blood tests
16	Dr. Agarwal Eye Hospitals, 15, Eagle Street, Langford Town, B-25	22223100 22221242	30% on all eye surgeries
17	FOSA Humanitarian Hospital 20th Mile Stone, Bannerghatta, B-83	7828612	Free Services
18	Gangothri Hospital, 27, Kuvempunagar (B.T.M. Layout), 100 Ft Ring Road, B-76	26684574 26682734	5% to 10 % on Hospital & Ambulance Services
19	Garden City Hospital 132 / 18, 22nd Cross, 3rd Block, Jayanagar, B-11	26632838 26646202	10% on Hospitalisation 15% on Lab-tests
20	Gayathri Hospital Pvt. Ltd., 91, Magadi Chord Road, Vijayanagar, B-40	23355201 23352085 23114995	10% on Diagnostics and Consultation services
21	Green View Medical Centre, 20/21, 14th Main, HSR Layout, Sector 5, Opp Agaralake, B-34	25634563 65347777 41677377 9945077377	10% on all services 5% on pharmacy
22	Hitech Kidney Stone Hospital 6/7, Crescent Road Cross, K.P. East, B-01	22207113	10% on Lithotripsy treatment and Urologist's consultation
23	HOSMAT Hospital #45, Magarath Road, B-25	25593976 / 97	10% on all services (except medicines and consumables)
24	K.K. Hospitals, 9A1A2, 'A' Sector, Yelahanka New Town, B-64	28460063 28461933	5% on all services

25	Ketham's Hospital Pvt. Ltd. Nanjappa Main Road, Vidyaranyaपुरa, B-97	28386118 28380153 23455563	10% on Diagnostic, Health checkups and Dental service
26	LOHITHA Hospital, 1, 16th 'D' main, HAL 2nd Stage, B-08	25262983 25277697	10% on Consultation and Surgery
27	M.S. Ramaiah Medical Teaching Hospital, M.S.R. Nagar, New BEL Road, B-54	23608888 / 9999	Free Registration. No Doctor Fees Free Basic Investigations. 50% on X – ray, ECG, LFT & Lipid profile Rs.500/- on CT Scans for plain
28	Mahaveer Eye Hospital 2, Sirur Park Road, Seshadripuram, B-20	41242181 23562211 23562299	15% on Surgeries for pensioners 20% on Surgeries for non pensioners
29	Maiya Multispeciality Hospitals, 34, 10th Main, 1st Block, Jayanagar, B-11	26568978	10% on Hospital Charges 25% on Professional Charges (For general ward patients only)
30	Mallige Medical Centre Pvt Ltd. 31/32, Crescent Road, B-01	22203333	15% on Health Checkup 10% on Lab charges 5% on Service charges
31	Mallya Hospital, 2, Vittal Mallya Road, B-01	22277979 22277997	10% on Health Checkup Packages,
32	Manasa Medical Centre, 125, 10th Main, 1st Block, Jayanagar, B-11	26565135	20% on Hospital charges
33	Manipal Hospital 98, Rustambagh, Airport Road	25268901 25266646	10% concession on OPD Consultation 10% concession on OPD Diagnostics Services
34	Medi Tech Multispeciality Hospital, 795/1, 9th Main, B.S.K. 1st Stage, 2nd Block Hanumanthnagar, B-50	26602910 26602930	25% on all services except consultation charges
35	Narayana Hrudayalaya, 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore	27835000 – 18	10% on Inpatient services and Executive Health Checks
36	Narayana Nethralaya 121 C, Chord Road, 1st R Block, Rajajinagar, B-10	66121300 66121301 / 2	10% on Consultation, Investigation and Surgeries

37	NU Hospitals, CA 6, 15th Main, 11th Cross, Padmanabhanagar, B-70	26392700 26392693	10% on all services exclusive of the consumables and the consultation charges.
38	<u>R.K. Group of Hospitals</u> a) Ramakrishna Nursing Home 806, 15th Cross, 3rd Block, Jayanagar, B-11 b) Ramakrishna Hospital 806, 15th Cross, 3rd Block, Jayanagar, B-11 c) Ramakrishna Health Care & Trauma Centre 7(P), ELCIA Complex, Electronic City Phase 1, B-100	26633143 / 5 / 8 26656800 41204040 /80 /81/ 82 28521919 28522020	10% on Lab, X-ray, Scan, TMT and Mammography 5% on Pharmacy 10% on Lab, X-ray, Scan, TMT and Mammography 5% on Pharmacy 10% on Lab, X-ray, Scan, TMT and Mammography 5% on Pharmacy
39	R.M.V. Hospital, 138, Sanjaynagar, B-94	23412708 23417077 23416332	10% on in-patient service, Lab and X - ray
40	Rajarajeswari Medical College and Hospital, Mysore Road, Kambipura, B-74	65661805	50% on all services
41	Ratkal Speciality Clinic 6, 3rd Cross, 1st 'R' Block, Rajajinagar, Bangalore – 560010	23470828 23379221	20% on all services
42	Ravi Kirloskar Memorial Hospital 19, 1st Phase, Peenya Industrial area, Peenya, B-58	28394899 28396088 41178871 / 8653	5% to 10% on OPD and IPD treatment
43	Republic Hospital, Arench Medical Enterprises, 5, Langford Gardens, B-25	22211762 41245450	10% on outpatient and inpatient Investigations
44	Rotary Eye Hospital 10th 'A' Main, 68th Cross, 5th Block, Rajajinagar, B-10	23104020 23113759	25% on Cataract operation (Further concession for deserving patients)
45	Rotary Eye Hospital, 10th 'A' Main 68th Cross, 5th Block, Rajajinagar, B-10	23104020 23113759	25% on Cataract Operations

46	S.J. Hospital 2, NGEF Layout, Sanjaynagar, B-94	23416836 23512638	15% on Hospitalisation & Laboratory services
47	Sagar Apollo Hospital, 44/54, 30th Cross, Tilaknagar, Jayanagar Extension, B-41	26536700 - 708	15% on Diagnostic Tests
48	Sarojini Hospital 39/2, Yash Avenue, NH 4 8th Mile Circle, T. Dasarahalli, B-57	28396735 9895136364	20% on Hospitalisation and Lab investigations. Ambulance service provided free of cost except fuel expenses
49	Sevakshetra Hospital, 27th Cross, Banashankari 2nd Stage, B-70	26718420 26717080	10% on Bed/Room charges and all Investigations.
50	Sharavathi Hospital Pvt Ltd. 1133/F, 30 Ft, Service Road, R.P.C. Layout, Vijayanagar, B-40	23300222 23300717	10% on all services
51	Shekar Hospital 81, Bull Temple Road, Basavanagudi, B-19	22431144 22429366	10 to 15% on OPD, Investigations and Hospitalisation
52	Shekar Nethralaya, Super Speciality Eye Hospital and Laser Centre, 633, 100 Ft Ring Road, J.P. Nagar, 3rd Phase, B-78	26593210 9844023130	10% concession on Professional fees for surgeries 15% on Out Patient consultation fees
53	Shivam Vishwa Hospital, 20, HBR 2nd Block Circle, B-43	25441200 9845212628	30% on Geriatric care
54	Shraddha Eye Care Trust, Padmanabhanagar, B-70	26799483 26664337	10% on Surgeon Charges
55	Sreenagar Nursing Home 855, Ramanjaneya Main Rd, Sreenagar, B-50	26613973 22428830	10 to 20% Inpatient and Outpatient services
56	Sri Krishna Sevashrama Hospital 523, 10th Main, 45th Cross, 5th Block, Jayanagar, B-41	22441630 / 31 22454280	10% to 15% depending upon treatment and diagnosis
57	St. John's Medical College Hospital, Sarjapur Road, B-34	22065000 22065043	5% on Registration and Investigation only at SENIOR CITIZENCLINIC and not other departments.

58	St. Martha's Hospital No.5, Nrupathunga Road, B-01	40128200 22275081- 84 41149192-95	For General ward patients some concessions Bed charges / Investigations / Surgeries on case to case basis.
59	Subbiah Hospital, 31, .M.S. Ramaiah Road, Mathikere, B-54	23603760 23601379	10% on all services 20% on OPD
60	Suguna Hospital, 1A/87, Dr. Rajkumar Road, 4th N Block, Rajajinagar, B-10	40194444 23327777	10% on Diagnostics and OPD consultations
61	Sumanjara Hospital Center for Eye and Dental Care 272, 1st Floor, 50 Ft Road, Hanumanthanagar, B-19	26509874	25% on all services
62	Trinity Hospital & Heart Foundation Near R.V. Teachers college circle, Basavanagudi, B-04	41503434 26563993 / 94	20% on OPD and Diagnostics services 5% on Inpatient department services
63	Vinayaka Hospital, 110, 1st Main, SBM Colony, BSK 1st Stage, B-50	26794148 26796167	10% on Inpatient charges 25% on Lab charges
64	BGS Global Hospital, BGS Health & Education City 67, Uttarahalli Main Road, Kengeri, Bangalore – 60	26255555 9845605422	10% on inpatient services Free Transport through Shuttle.
65	Shubha Speech & Hearing Centre, 690, 36th cross, 11th B Main Road, 2nd Block, Rajajinagar, Bangalore -10	9845276134	10% on Hearing Evaluation, Hearing Aids & accessories, Speech Evaluation & Therapy

DIAGNOSTIC CENTRES

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Anand Diagnostic Laboratory 11, Blue Cross Chambers, Infantry Road Cross, Shivajinagar, B-01	25318550 25591947 25599895	20% on Lab investigations for samples collected at the lab
2	Apoorva Diagnostic Centre, 325, 1st Floor, CMH Road, Indiranagar, B-38	25257343 25285652	30% on Lab/ X-ray/ ECG

3	Ashraya Clinical Laboratory, 8/3, Opp. Canara Bank Mathikere, B-54	23606060 9844355960	25% on Lab investigation
4	Bangalore Medical Centre, 30, 1st Main, Kalidasa Nagar, Gandhinagar, B-09	22261331	20% on Diagnostic services and consultation Rs.20/- per plate on Xray. Rs.50/- for U/S scan
5	Cauvery Diagnostics, 875, WOC Road, 2nd Stage, Rajajinagar, B-86	3227878 3228240 9448722067	20% on all Lab services, Diagnostic tests / Scans, X ray / CT / US scan
6	CDR Medical Centre, 531, 11th main, 4th Block, Jayanagar, B-11	26655055 / 66	10% on Diagnostics & consultations
7	Central Lab 9, Ground Floor, Dhondusa Complex, Richmond Circle Junction, B-25	22237370 41120922	15% on Lab tests
8	Elbit Diagnostics 6/1, Infantry Road, B-01	22860761 41132461	10% on investments for samples collected at the lab
9	Enkay Diagnostics & Research Centre 56, Raghu Complex, Srirampuram, B-21	23327718	10% on all Clinical and Pathological Investigations
10	Pranav Diagnostic Centre, 28, Banaswadi Main Road, Delhi Narayanappa Layout, Maruthi Sevanagar, B-33	25478667 9845121084	15% on all Diagnostic services
11	R.V. Diagnostic Laboratory 21, 10th Cross, Yellappa Garden, Malleswaram, B-03	23367748 23367303	20% on all Diagnostic services
12	Raheja Diagnostics 18/4, 1st Main Road, Sampangeeramanagar, B-27	22483152	10% of bill amount on Lab, X-ray, ECG, Ultrasound scanning and physiotherapy
13	Raksha Diagnostic and Research Centre, 592, 3rd Cross, HMT Layout, Ganganagar, B-32	23532853 9880219907	10% on diagnostic services
14	Scan Line Colour Doppler Ultrasound Scanning and Diagnostic Centre, 90/1, Mosque Road, Frazer Town, B-05	25492959 25492960	20% on Ultra sound scanning and Lab investigation

15	Shree Vinayaka Poly Clinic and Prashant Diagnostics 8/45, 80 Ft Road, SBM Colony, BSK 1st Stage, B-50	26728862 26422030	15% to 20% on Consultation and inhouse Laboratory services
16	SRL Ranbaxy Clinical references Laboratories 47, Millers Road, B-52	41137332	20% on routine investigations
17	Suprith Diagnostics Centre, 4/3, 1st Main Road, Yeshwanthpur, B-22	23479394 22901377	30% on Lab tests, X ray, ECG and Ultrasonography
18	Well spring / Dr. Deshpande Pathology and Lab Diagnostics 51, Chintal Plaza, 10th Main, 33rd Cross, 4th Block, Jayanagar, B-11	26633266 41211945	10% on Pathology, Lab and Diagnostics tests
19	X Ray Centre, 15, 4th Cross, Wilson Gardens, B-27	22222937	5% to 10% on X ray and Ultrasound scanning

DENTAL CLINICS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Dental Care, C, 1st Floor Kalro Chambers 15th Cross, 8th Main, Malleswaram, B-55	23447119 9845041709	30% on all dental treatment & services
2	Dental Clinics of Jayanagar 777, 36th Cross, 4th T Block, Jayanagar, B-41	26647488	Free consultation Upto 20% depending on the type of procedure and material usage.
3	Dentocare, 175, 4th Cross, R.C.S. Building, OMBR Layout, Banaswadi, B-43	25428800 9448277485	50% on all dental services
4	Jayanagar Dental Clinic 20, 1st Floor, 9th Main, 3rd Block, Jayanagar, B-11	26631474 26539733	Consultation free 15% on Restorative and Endodontic work
5	Kriti Dental Clinic 82/12, 1st N block, Rajajinagar, B-10	23370908	10% to 20% on dental treatments

6	Krupa Dental Clinic 1) 169, Raghu Complex, 3rd Main Road, Srirampuram, B-21	23324089 23421457	5% on all dental treatments
	2) 227/1, Sampige Road, Between 14th and 15th Cross, Malleswaram, B-03	65633420 41490828	same as above
7	Matha Dental Care, 110, 2nd Main Road, RHCS Layout, Annapurneshwari Nagar, Nagarbhavi 2nd Stage, B-91	23287840	20% on extractions, dentures root canal treatment, and oral Prophylaxis
8	Mukha Facial Surgery and Implant Center, 158, 6th Main Road, 30th Cross, Jayanagar 4th Block, B-11	56303070	20% on all dental treatments except Dental implants
9	Pathi's Dental Care, 1st Floor, P.R. Plaza, 5, Okalipuram Main Road, Rajajinagar Entrance Road, B-21	23121756	10% on dental treatments

DIABETIC CLINICS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	M.S. Diabetes Speciality Centre, 2, Next to Tata Infotech, 80 Ft Road, Indiranagar, B-38	25297075 41161176	20% on Lab, ECG, TMT and Consultation
2	SAMATVAM:Endocrinology Diabetes Centre, 1) 20 (42) Tata Silk Farm, Kanakapura Road, B-04	26765203 26767486	10 to 30% Consultation, Investigation and Medicines
	2) 640, 1st Main, 1st Stage, Indiranagar, B-38	25213156 25250837	----- Same as above -----
	3) Samatvam Asha Medical Centre Jnana Sanjeevini, 2, 1st A Cross, Marenahalli, JP Nagar Phase 2, B-78	26493040 26493050	----- Same as above -----

ENT CLINICS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Basavanagudi ENT Care Centre, 44/1, H.B. Samaja Road, Basavanagudi, B-04	26604569	30% on Consultation, Audiometry, Hearing Aids, Operations
2	Southside E.N.T. and Child Health Clinic, 232, 9th Main, 5th Block, Jayanagar, B-41	26548814	30% on Consultations and Hearing Tests
3	Upadhy Skin and ENT Clinic, 455, Sampige Road, Between 6th & 7th Cross, Malleswaram, B-03	23314691	30% on Consultation & Surgery

EYE CLINICS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Indira Eye Clinic 25/1, 7th Main, 9th Cross, Malleswaram, B-03	23349751 23367043	20% on Professional charges 10% on Spectacles
2	Karthik Nethralaya Institute of Ophthalmology Pvt. Ltd., 89, 7th Cross, N.R. Colony, B-50	26674399 22427509 22206969	10% on Out patient and Speciality clinic services
3	Prabha Eye Clinic & Research Centre, 504, 40th Cross, 8th Block, Jayanagar, B-70	2244413 22444141 26637041	10% on Inpatient charges (excludes Lab charges, Pharmacy bills and opticals)
4	Sri Venkateshwara Nethralaya 120, 9th main, Ideal Homes Township, RajaRajeshwari Nagar, Mysore Road, B-98	28603343	20% on OPD services
5	Vijaya Eye Clinic and Research Centre, 48, 50 feet Road, Hanumanthnagar, B-19	26679135	25% on eye surgeries 50% for very poor patients

OPTICALS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Cauvery Ophthalmic Optician 23/A, 1st N Block, Rajajinagar, B-10	23525296	10% on Opticals and Spectacles
2	President Opticals 21/1, Aradhya Complex, Vani Vilas Road, Basavanagudi, B-34	26619776 9886716029	20% to 40% on Spectacles, Frames and Sunglasses
3	Raghu Opticals 1, K.G. Circle, B-09	22870191	15% on Spectacles, Frames and Lenses (Free eye testing)
4	Udani Opticians 1) 34, SC Road, B-09 2) 27, 1st Floor, PV Building, M.G. Road, B-01 3) 154, Mallige Complex, 5th Block, Canara Bank Road, B-95	2256600 / 22871731 25599987 / 88 25634343 65684343	10% on all Optical, Eyecare, and Sunglasses (includes free eye testing)

GENERAL CLINIC

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Kulkarni Clinic, 1119, 19th Main Road, 1st Block, Rajajinagar, B-10	23508116	20% on Consultation fees
2	Dr. M. Chandrashekar 122, 13th Main, 3rd Cross, BTM 1st Stage, Aicoobonagar, B-68	26688871 9880206606	20% on Cancer surgeries at various hospitals
3	Dr. C.R. Ranganath 414, 24th Cross, Banashankari 2nd Stage, B-70	26710746 9845021604	50% on consultation and Lung Function Test

HOMEO CLINICS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Ashwini Homeo Clinic DVG Road, Basavanagudi, B-04	26797575	50% on Consultation
2	Kshema Healthcare 93/A, 7th Cross, 1st N block, Rajajinagar, B-10	23577635	20% on Ayurvedic, Homeopathic & Nature Cure Treatments

NEURO CLINIC

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Spandana Nursing Home 149/46, 6th Main, 4th Block, Rajajinagar, B-10	23153500	20% on Consultations

ORTHOPAEDIC CLINICS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Banashankari Orthopaedic Speciality Services, 39/2, K.R. Road, Banashankari II Stage, B-70	26711999 9341073996 9845500338	30% on Consultation, X-ray, Lab tests, Physiotherapy, Surgeon fees (Very poor patients will be considered for more concession)
2	Orthopaedic Clinic, 504/33, 50 Feet Road, Karnataka Bank Building, Banashankari 1st Stage, B-50	22411234 9845075610	10% on Clinic service 20% on Surgeries if done at Nursing Home
3	Padmashri Orthopaedic Clinic, 426, 10th G Main Road, 6th Block, Rajajinagar, B-10	9845045205	50% on Out patient 10% on Inpatient 20% on procedures
4	Radha Orthopaedic Centre, 528, 10th Main, 2nd Block, Rajajinagar, B-10	23420250 55610500	50% on Consultation 25% on Surgical 25% on Investigation, Lab and X ray
5	RECOUP 231, 37th Cross, 11th main, Jayanagar 4th T Block, B-41	41214224 / 334	15% on consultation

6	The Fracture and Orthopaedic Clinic 57, 17th 'A' Cross, 8th Main, Malleswaram, B-55	23444878 23349870	Elders seen on priority basis, Needy and deserving persons benefit from concession in professional fees
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PHARMACIES

Sl. No.	Name and Addresses	Telephone No.	Details of Concession
1	APPOLLO PHARMA (A unit of Apollo Hospitals Enterprise Limited)		
	Apollo Pharma (Central) Stores,	22957400 26600699	5% on MRP and Taxes in all the following outlets
	<u>24 Hours Service</u>		
	Jeevan Bhima Nagar	22957413	
	KIMS	22957431	
		22957432	
	Koramangala	22957419	
	Madiwala	22957421	
	Malleswaram	22957423	
	Malleswaram (Clinic)	22957424	
		41127165	
	Rajajinagar	22957425	
	Srinivasanagar	22957428	
		26796899	
	Vivek Nagar	22957429	
	Belgaum	(0831) 2402412	
	Hubli	(0836) 2455409	
	Mulbagal	(08159) 243344	
	Mysore	(0821) 4266853	
	Raichur	(08532) 236096	
	<u>14 Hours Service</u>		
	B.S.K. I stage	22957410	
	B.S.K. II Stage	22957411	
	Hanumanth Nagar	22957412	
	H.S.R. Layout	22957413	
	Jayanagar 4th T Block	22957415	
	J.P. Nagar 1st Phase	22957414	
		32960963	
		22957418	
	Kammanahalli	22957420	
	Kumaraswamy Layout	22957422	
	Mahalakshmi Layout	22957422	
	Ramamurthy Nagar	22957426	
	Sahakara Nagar	22957427	
	Wilson Garden	22957430	

2	Brindavan Pharma 30, 1st Main Road, Seshadripuram, B-20	23361049	5% on Medicines
3	Janhavi Medicals 42, 2nd Main, Vyalikaval, B-03	23366503	6% on Medicines.
4	Mahaveer Medicals No. 85/5, 11th Cross, Malleswaram, B-03	23315077 23449944	5% on Allopathic Medicines 10% on Ayurvedic Medicines
5	Pushyamee Medicals No.19, 8th Main, Malleswaram, B-03	23565016 23565428 9900798821 9343885395	7% on MRP
6	Sri Medicals 44, 4th Block, 6th Main, Rajajinagar, B-10	23502771 9886825398	10% on Medicines
7	Popular Drung House, 30-31, City Market Frontage, B-02	22870961	Tax shall not be collected on retail sales

8. Medplus Health Services Pvt. Ltd. (Formerly Aushadi)

10% on Medicines in the following outlets

PMG Complex, 19, 2nd Main Road, Brindavan Nagar, Chikadugodi, Tavarekere Main Road, B-29	22957500 41470613
PSP Complex, 2/19, 2nd Main Road, Ward No. 66, Ramaiah Garden, Thavarekere Main Road, Chikkadugodi, B-29	22957500
573/1B, BSK 3rd Stage, 2nd Main, 2nd Phase, 6th Block, B-85	22957501
8/81C, 34d Main, 4th Cross, Hanumantha Nagar, B-19	22957502
1329/22, 24 A Cross, Jayanagar 9th Block, B-69	22957503
2025, 1st Main Road, 2nd Stage, RPC Layout Club Road, Vijay Nagar, B-40	22957504
881/C, West of Chord Road, Modi Eye Hospital, B-86	22957505
3362, 1st Main, 9th Cross, Business Layout, Gayathrinagar, B-21	22957506
91, Sanjay Nagar Main Road, B-94	22957507
2/4, Vishnu Priya Complex, 2nd Main Road, Palace Guttahalli, B-03	22957508

532, 2nd Block, 10th Main, Rajajinagar, B-10	22957509
123/2/3E, Saraswatha Subbaroa Nilaya, 7th Main Road, Dathathreya Nagar, BSK 3rd Stage, Hosakerehalli, B-85	22957510
1520, 50FT Road, Muneshwara Block, B-26	22957511
34, Kanaka Ecstasy, Padmanabha Nagar, B-	25957512
2&3, Gangamma Building, Kathriguppa Main Road BSK 3rd Stage, B-85	22957513
5, Keerthi Building, Kuvempu Road, Vignanagar Main Road, B-	22957514
2, # 227, 3rd Cross, 1st Main, Honnasandra, Bommanahally, B-68	22957515
1&2, S-8, Shreyas, SFHS Area, Nandini Layout, B-96	22957516
2, 1415, 3rd Cross, 1st Stage, 2nd Phase, Chandra Layout, B-40	22957517
576/1, 11th main, 5th block, Near Main Post office, Jayanagar, B-41	22957518
181/3, Canara Bank Colony, Nagarabhavi Main Road, B-72	22957519
B-7, #64/1, Gurumuthappa Complex, Sarakki Main Road, J.P. Nagar 1st Phase, B-78	22957520
16A/26, 1st Main Road, Gokul, 1st Stage, Mathikere, B-22	22957521
Ground Floor, West and North, 3rd Cross, 80 Ft Road, Bhuvaneshwara, BSK 3rd Stage, B-85	22957522
01, Pai Layout, Baneghanahalli, K.R.Puram Hobli, B-16	22957523
26, K.H.B. Main Road, Sulthanapalya, B-	22957524
4, M-355, 4th Cross, O.M.B.R. Layout, Kasthurinagar, B-	22957525
201, 1st 'B' Cross, 2nd Main, East of NGEF Layout, Kasthurinagar, B-	22957526
3, Ground Floor, 60Ft Road, Shanbhag Nagappa Layout, Bilekahalli, B-	22957527
183/2, N.S. Palya, BTM 2nd Stage, Bannergatta Road, B-76	22957528
2 & 3, 354, S.F.S. Phase 2, (407) S.F.S.), 7th Cross, Yelahanka New Town, B-64	22957529
18/1, 24th Main, 25 A Cross, Parangipallya, HSR 2nd Sector, B-34	32528068

9. Subhiksha Trading Services

10% on all Medicines in the following outlets

259, 2nd Main 6th Cross, Indiranagar 2nd Stage, B-38	32949303
61, 6th Main, BDA Layout, Avalahalli, BSK 3rd stage, B-60	64505703
29, N S palya, BTM Layout, B-76	64505526
56 DVG Road, Basavanagudi, B-04	64505567
325,8th Main,III Stage,IV Block,Basaveshwaranagar, B-79	64505577
78/6, 34,Elegance Opal Apts, Belandur Main Road, Varthur Hobli, Belandur, B-37	64505586
172, Subramanyapura Main Road, Kadirenahalli Circle, BSK 2nd Stage, B-70	64505520
338/A,3rd Block, Rajajinagar, Bhasyam Circle, B-10	64505556
956,16th Main Road, BTM 2nd Stage, Bangalore - 76	64505574
74,2nd Stage, 1st Phase,Chandra LayoutGangondananHalli, B-40	64505529
76 & 74/1,Mahima Arcade ,Bagalagunte Bus Stop, Hesserghatta Main Road, B-73	64505656
2020,100ft Main Road, HAL 2nd Stage, B-38	64505502
259, Binnamangala, 1st Stage Indiranagar, B-38	64505589
693, 15th Cross, 100ft Ring Road, 2nd Phase, J P nagar, B-78	64505624
649, 10th B Main, 4th Block, Jayanagar, B-11	64505562
825,7th Block Jayanagar, Kanakapura Main Road, B-82	64505565
896/14,28th Main Road, 9th Block Jayanagar, B-69	64505512
RCC BUILDING NO 15, Kodihalli Village, Jeevanbimanagar, HAL 3rd Stage, B-75	64505511
2058, Kammanahalli, Kacharkanahalli Dhakalem, B-43	64505541
1895/A, 1st Main road 2nd cross, Opp. Kengeri Railway Station, KF town, B-60	64505627
17,7th Block Koramangala Industrial Layout, B-95	64505559
35, 80ft Road, Koramangala 6th Block, B-95	64505634

45, Magadi Main Road, Agrahara Dasarahalli, B-79.	64505571
64, 3rd Main, 18th Cross, Malleswaram, B-3	64505550
438-C/28, Corp Ward No 3, HMT main Road, Gokul 1st stage, 1st Phase, B-	64505538
438/14, 3rd Floor, 6th Main, 17th Cross, Rajajinagar, B-55	64505553
3, West of Chord Road, 2nd Stage, Mahalakshimpuram, B-86	64505582
Saranchal Arcade, 19/4, Dinnur Main Road, Off R T Nagar, B-32	64505543
2252, D-Block, MPN Complex, Sahakara Nagar, Kodigehalli Main Rd, Opp. Sterling Apartment, Sahakara Nagar, B-92	64505700
76, AECS Layout, 1st Stage, Gedalahalli, Sanjaynagar Main Road, B-94	64505535
2, New Tippasandra Road, Tippasandra Village, Krishnarajapura Hobli, B-75	64505505
202/E-108, DIV NO.34, Chord Road East, Vijayanagar 2nd Stage, B-40	64505578
86/47, Lakkasandra Extn, 8th Main Road, 13th Cross, Wilson Garden, B-27	64505523
2345, MIG 3rd Stage, 16th B Main Road, Yelahanka New Town, B-64	64505547

PHARMACIES & SURGICALS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Life Pharmacy and Surgicals, 531, 11th Main, 4th Block, Jayanagar, B-11	9449157183	5% on Medicines 10% on Surgical items
2	Marudhar Medicals and Surgicals 483, /G 5, Swetha Mansion, Malleswaram Circle, B-03	9341254003 9845036685 41280373	10% on MRP on Medical and General items
3	Raghavendra Pharma 58/2, 17th A Cross, 8th Main Road, Malleswaram, B-55	23448544	10% on Medicines and on equipments for physically challenged elders

SURGICALS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Hebbar Engineering Co., 131/1, Brigade Road, B-25	22210700	5% to 8% on sale of medical equipment and rehabilitation aids
2	Navadurga Surgicals, 41, 4th Block, 17th Main, 100 Ft Road, Koramangala, B-34	25534794 25500255	10% to 12% on Rehabilitation Aids, Hospital Cot, Nebuliser Kit, Oxygen Cylinder etc.,
3	Prajwal Surgicals & Scientifics No.1033, 19th Main Road, 1st Block, Rajajinagar, B-90	23132766 65761353 9886291351	10% on Surgical and Medical Orthopedic Equipments
4	Relief Orthotics 83, 10th Cross, 20th Main, BTM 1st Phase, B-68	26781490 9845316515 9945666515	10% on selected products 5% on equipments

SPEECH & HEARING CENTRES

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Dr. S.R. Chandrashekar Institute of Speech and Hearing Lingarajapuram, Hennur Main Rd., B-84	25470037 25460405 25468470	25% on all
2	Rajan Speech & Hearing Center 2, Janaradhan Towers, 1st Floor, Residency Road, B-25	22290737 22279807	5% to 10% on Hearing Aid sales and service Speech Therapy
3	Samvad Institute of Speech & Hearing, 4/1, Opp. Sumangali Sevaashram, Cholanayakanahalli, R.T. Nagar, B-32	65351150 /51 /52	10% on Hearing Assessment and Hearing Aids

HEARING AIDS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Abee Hearing Solutions 31, 8th Main Road, 11th Cross, Malleswaram, B-03	23349107	10% on Hearing Aids and Accessories Free consultation
2	Nayak's Hearing Care Clinic, 1/1, 12th Cross, Wilson Garden, B-27	2237703 2210033 9845058544	10% to 15% on Hearing Aids
3	Whisper Hearing aids Pvt. Ltd., 1030/13, 1st Floor, 39th Cross, 25th Main, 4th T Block, Jayanagar, B-41	26640571	10% on Hearing Evaluation, Hearing Aids and Speech Evaluation Guidance.

ARTIFICIAL LIMBS

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Karnataka Marwari Youth Federation Rukmini Building, 2nd Floor, Chikpet, B-53	22207832 22875447	20% on Artificial Limbs and Appliances

TRAVEL AGENCIES

Sl. No.	Name and Address	Tel No.	Details of Concession
1	Cruise & Travels Pvt. Ltd., 244, 6th Cross, Indiranagar 1st Stage, B-38	41134034 25210501	4% on Tour Packages
2	Frontier Tours and Travels 361, 7th Cross, 1st Block, Jayanagar, B-11	26571628 / 31 / 32 9880002186	10% to 20% on Tour Packages
3	Golden Travels, 1697, Prakash Nagar, Dr. Rajkumar Road, Rajajinagar, B-21	23324376 23422977 9845033877	10% on Vehicle Rent & Hire charges
4	Sri Sathya Sai Tourists (R) Sri Sathya Sai Circle, 151/17/1, 36th Cross, 5th Block, Jayanagar, B-41	26641140 22065043	5% concession on bills of tours & tourist vehicles for local trips

CONCESSIONS IN PUBLIC AND PRIVATE SECTOR UNDERTAKINGS

Air

Indian Airlines offers 50% discount on basic fare in economy class. No discounts on taxes. Men above 65 years and Women above 63 years are eligible.

Sahara India Airlines and Jet Airways also offer 50% discount on basic fare on domestic flights.

Railway

Indian Railways provide 30% concession to men and 50% concession to women in all classes and trains including Rajdhani / Shatabdi / Jan Shatabdi trains for Senior Citizens who have attained 60 years of age. Priority is given to Senior Citizens in allotment of lower berths. Age proof has to be kept ready for inspections during travel.

Transport

Bangalore Metropolitan Transport Corporation (BMTTC) offers 10 % discount on monthly passes for Senior Citizens above 65 years.

Karnataka State Road Transport Corporation (KSRTC) also offer 10 % concession on Season ticket / monthly passes upto 150 kms.

Income Tax

Senior Citizens who have completed 65 years of age are eligible for tax exemption limit of Rs. 2,25,000/- from Financial year 2008-2009 (AY 2009-10). Additionally, they are eligible for deduction of medical insurance premium upto Rs. 20000/- from their total income. These concessions are over and above the deductions available to all under income-tax rules, like the deduction of one lakh for investment under 80-C.

Reverse Mortgage

This is a new scheme and is introduced by a few Banks. It is useful for Senior Citizens who own a House / Flat but don't get a pension and are under financial strain. Briefly put, the scheme involves mortgage of the House / Flat to the Bank who will pay a fixed amount monthly to the owner / spouse during their lifetime. The owner / spouse will have unrestricted right to live in the House / Flat throughout their life and receive the amount without having to clear the mortgage. On the demise of the owner and spouse, the Bank will recover its dues by selling the property to the successor of the Senior Citizens or to any third party. As earnings received from reverse mortgage are treated as loan they are exempted from income tax

Bank Interest Rates

RBI has permitted higher rates of interest on saving schemes of Senior Citizens 65 years and above. Accordingly, w.e.f. 15.05.01, Banks offer 0.5 percent higher rate of interest on fixed deposits.

Postal Department

Cash at Your Doorstep: Senior citizens having a Post Office Savings bank account can have their cash withdrawn and paid through postmen at their doorstep.

Monthly income scheme and Senior Citizen Saving Scheme / account holders may enroll in the scheme for collecting monthly or quarterly interests at their doorstep.

For more details contact nearest Post Office.

USEFUL INFORMATION

EMERGENCY OXYGEN SERVICES

Sl. No.	Names	Tel Nos.
1	Bangalore Medical Gases and Equipment	25614111 / 25612156
2	HOSMAT	25593796 / 25593797
3	Kumar Oxygen Service	23367548 / 23367925
4	Laxmi Service Trust	26645595
5	Nightingales Home Health Services	23548444 / 23548555
6	Praxair India Pvt. Ltd.,	30516821 / 25586427 30574114 / 9945200881
7	Rotary – Indiranagar	25297991 / 25297992
8	KIMS Hospital	26673056 / 26624870
9	Sree Chowdeshwari Oxygen Service	23367925 / 23367548
10	The Southern Gas Ltd.,	28395867 / 28392325
11	Vanitha Oxygen Service	23409310 / 23354102
12	Helix Corporation	26764492 / 9341229259

24 HOUR PHARMACIES

Sl. No.	Names	Tel Nos.
1	Chinmaya Mission Hospital	25280461 / 25281505
2	HOSMAT	25543746 / 25593796
3	KIMS Hospital	26673056 / 26624870
4	M.S. Ramaiah Memorial Hospital	23608888 / 23609999
5	Mallya Hospital	22277979 / 22277997
6	Manipal Hospital	25023247 / 25023369
7	Ramakrishna Hospital Pvt Ltd	26633143 / 26656800
8	Sagar Apollo Hospital	26536700 / 26536701

DIALYSIS SERVICE

Sl. No.	Names	Tel Nos.
1	Koshys Hospital	25658011 / 25658022
2	Mahabhodhi Mallige Hospital	26565678
3	Mallige Medical Centre	22203333
4	Suguna Hospital	2332777 / 23126788
5	Mallya Hospital	22277979
6	Manipal Hospital	25204000

EYE BANK

Sl. No.	Names	Tel Nos.
1	Eye Bank Information	1053
2	D.H. Ranka Drishti Eye Bank	23562211
3	Devi Eye Hospital	25535514 / 25630563
4	Dr. Agarwal Eye Hospital	22240736 / 22223100
5	Dr. M.C. Modi Charitable Eye Hospital	41287198 / 23492233
6	Minto Eye Hospital	26707176
7	Narayana Nethralaya	23373311
8	Prabha Eye Clinic	22444141 / 22444131
9	Pasad Eye Hospital	41106887
10	Rotary Eye Hospital	23113759 / 23104020
11	Shekar Nethralaya	26593210 / 26594505
12	Sharada Eye Bank	26634200
13	Sri Venkateshwara Nethralaya	28603343
14	Karthik Nethralaya	20627509 / 26674399
15	Lions Superspeciality Eye Hospital / Cornea Grafting Centre	22237628 / 22243974
16	M.S. Ramaiah Memorial Hospital	23608888 / 23609999

SHOPS FOR FOLLOWING MEDICAL ACCESSORIES

WHEEL CHAIR, WALKERS, CRUTCHES, BEO PAN, ENEMA CANISTER, HOT WATER BAG, ADULT DIAPERS, WATER AND AIR BEDS, OXYGEN, CONCENTRATORS, BLOOD GLUCOSE MONITOR/METERS, DIABETIC FOOT WEAR NEBULISER, BLOOD PRESSURE TENSTING EQUIPMENT AND OTHER USEFUL MEDICAL ACCESSORIES.

Sl. No.	Names	Tel Nos.
1	Sky Marketing	26563510
2	Medico Remedies	22267410 / 22255668
3	Bombay Surgical and Scientific Company	26632677 / 9844066326
4	Citi Surgicals	26700055 / 9448484536
5	Nava Durga Surgicals	25500255
6	Union Surgical Company	41245084 / 22235776
7	SIS Ortho Pvt. Ltd.,	22285447 / 98450 13662
8	Surgical Emporium	41475837
9	Deepthi Pharma	51142603 / 22126628 9844068364
10	Pika Medical Pvt. Ltd.,	25594757
11	Sai Surgicals	26707383 / 26800458
12	Medivave Health Systems	25428035 9844014044
13	Aditya Bio-Medical	57617617 9342846888
14	Helix Corporation	26764492 9341229259
15	Pavan Surge	26549919 / 57602669
16	Dental Surge	26786081
17	Shobha Agencies	26521246
18	Unique Medicaids	26621525 / 26611525
19	High-Tech Surgicals	26592797
20	Hebbar Surgicals	22210700

HEART LINE:

Sl. No.	Names	Tel Nos.
1	Jayadeva Heart Brigade	1051
2	Bangalore Hospital	26562753 / 26565494
3	Cardiac Critical Care Unit Manipal Hospital	25024512 25024501
4	KIMS Hospital	26673056 / 26624870
5	M.S. Ramaiah Memorial Hospital	23608888 / 23609999
6	Manipal Hospital and Heart Foundation	25024300 / 25024512
7	Narayana Hrudayala	7835000 / 7835001
8	Sagar Hospital	26536701 / 26536700
9	Suguna Hospital	23126788
10	Trinity Heart Foundation	26563994 / 26563996
11	Wock Hardt Cardiac Care	22268888

GOVT. HOSPITALS & AUTONOMOUS INSTITUTIONS

Sl. No.	Names	Tel Nos.
1	Bowring & Lady Curzon (OPD)	25591362, 25591255
2	Kidwai Cancer Institute	26560708
3	Central Leprosorium	23350239
4	ESI, Rajajinagar	23324112 / 23320272
5	Sanjay Gandhi Hospital	26564516 / 26566000
6	NIMHANS	26568121 / 26995000
7	K.C. General Hospital	23343791 / 23341771
8	Jayadeva Institute, Cardiology	22977400 / 26534600
9	Victoria Hospital	26701150, 26703294
10	Minto Ophthalmic Institute	26707176

AMBULANCE SERVICES

Sl. No.	Names	Tel Nos.
1	Ambulance - Govt.	102
2	Jayadeva Heart Brigade	1051
3	CTC Sanjeevini	1062 / 25202222 25201023 / 22 / 25222321
4	AAA Emergency Services	25202222
5	Accident Relief Care	25572817 / 22207777
6	Ambi Care	23329909 / 23323560 98845208205
7	Ambu Centre	26342063
8	Bangalore Baptist Hospital	23330322 / 23330323
9	Bangalore Children Hospital and Research Centre	28600252 / 28600552
10	Bhagavan Mahaveern Jain Hospital	22207640 / 22207649
11	Bowring and Lady Curzon Hospital	25591325 / 25591362
12	Chinmaya Mission Hospital	25280461 / 25281505
13	Garden City Hospital	26346555 / 26632838
14	Hosmat	25593796 / 25593797
15	Hospital Lakeview	25632055
16	Indian Red Cross Society	22264205 / 22268435
17	City Corporation (CANTT)	25571488
18	City Corporation (City Area)	22975829
19	Indira Gandhi Inst of Child Health Hospital	26342421 / 26343143
20	Life Line Ambulance	25212852
21	Mallige Medical Centre	22261135 / 22203333
22	Mallya Hospital	22242325 / 22277979
23	Manipal Hospital and Heart Foundation	25266646 / 25268901
24	M.S. Ramaiah Memorial Hospital	23608888 / 23609999
25	Narayan Hrudayalaya	7835000 / 7835001
26	Nightingales Home Health Services	23548444 / 23548555

27	NU Trust BSK Chande Nephro Urology Centre	26392700
28	Panacea Hospital	23228644 / 23235577
29	Ramakrishna Nursing Home	26633143 / 26633148
30	Ramakrishna Hospital Pvt. Ltd.,	26656800
31	Sagara Appolo Hospital	26536700 / 26536701
32	Santosh Hospital	25367706
33	Minerva Voluntary Blood Bank	26564516
34	Shivam Vishwa Speciality Hospital	25441200
35	St. Martha's Hospital	22275081 / 22275084
36	St. Philomina's Hospital	25577047 / 25577048
37	St. John's Ambulance Association	22223384 / 22295631
38	Sumuka Nursing Home	26669899 / 26669800
39	Sushrutha Ambulance Service	23447666
40	Victoria Hospital	26701150 / 26703294
41	Wockhardt Hospital and Heart Institute	22261037 / 22281146
42	Yellamma Dasappa Hospital	22225663 / 22225642
43	Kumar Ambulance Services, Malleswaram	23367548 / 23367925

BLOOD BANK

Sl. No.	Names	Tel Nos.
1	Akshay Voluntary Blood Bank	23523987
2	Sushruta Voluntary Blood Bank	23447666
3	Grace Blood Bank	23336608
4	Minerva Blood Bank	26574830
5	Jeeva Blood Bank	26707755
6	Karnataka Red Cross Blood Bank	22264205 / 22268435
7	Life Care Voluntary Blood Bank	25567392
8	Lions Blood Bank	22208148 / 22266807
9	S.K. Voluntary Blood Bank	23103524
10	Bangalore Baptist Hospital	23330322 / 23330323

11	Bangalore Children Hospital & Research Centre	28600252 / 28600552
12	Bangalore Hospital	26562753 / 26565494
13	Bangalore Institute of Oncology	22225698 / 22225644
14	Bhagavan Mahaveer Jain Hospital	22207640
15	B.K.F. Round Table Voluntary Blood Bank	26392697
16	Dr. Shivaji Rao's Blood Bank	22224044
17	Hosmat	25543746
18	Jeeva Voluntary Blood Bank and Diagnostic Centre	26500736
19	Karnataka Red Cross Blood Bank	22268435
20	Kims Hospital	26673056
21	M.S. Ramaih Memorial Hospital	23608888 / 23609999
22	Rotary TTK Blood Bank	25287903 / 25293486

HOME NURSES & AYAHS

Sl. No.	Names	Tel Nos.
1	Nightingales Home Health Services	23548444 / 23548555
2	Navchetanya Home Nursing	9242429994
3	Mathruchaya	26713421
4	Advantage	65317679 / 9844495527
5	Asha Jeevan	9845184078
6	Grace Helpline	9845259472 / 65683311
7	Indian Red Cross	25514595
8	Medico Help	9844076320

HEARSE VAN

Sl. No.	Names	Tel Nos.
1	Kumar Hearse Service	9844260617 / 9880282446 23367925
2	Hospital Care Ambulance Association	9880198004 / 9243116531 23571316

3	Corporation – City Area	56690105 / 22947301
4	Corporation – Contonment Area	25571488
5	Ramanja Seva Trust	65957885

CREMATORIA – ELECTRIC

Sl. No.	Names	Tel Nos.
1	Harishchandra Ghat	22975630
2	Electric Crematorium – Mysore Road	26915420
3	Electric Crematorium – Medi Agrahara	25969041
4	Electric Crematorium – Hombegowda Nagar	22916704
5	Electric Crematorium – Hebbal	65988128
6	Electric Crematorium – Kallapalli	25911884
7	Electric Crematorium -- Banashankari	22719208
8	Indian Christian Cemetery – Hosur Road	22292930
9	Khuddus Saheb Burial Ground- Nandidurga Road	25596099

VETERINARY SERVICES

Sl. No.	Names	Tel Nos.
1	CUPA Veterinary Hospital and Animal Shelter	22224541
2	Karuna Animal Welfare Association of Karnataka	22860205 / 23511329
3	City Veterinary Hospital	26701099
4	Government Veterinary Hospital	22260211
5	Precise Pet Clinic	25213048 / 25275892 (R)
6	Prakruthi Veterinary Hospital	26690232

LPG EMERGENCY SERVICES

1	Public Sector Oil Companies a) North Zone b) East Zone c) West Zone d) South Zone	23563805 41263305 23503030 26589977
2	INDO Gas	23409883
3	Jyothi Gas	22384179 / 22384180
4	Shakti Gas	22385462

FIRE FIGHTING SERVICES

Sl. No.	Names	Tel Nos.
1	FIRE	101
2	Central Fire Control Room	22971600 / 22971550 / 22971500

HELPLINES

Sl. No.	Names	Tel Nos.
1	Elders Helpline	1090
2	Makkala Sahayavani	1098
3	Sanjeevini (Emergency Medical Service)	1062
4	Vanitha Sahayavani	1091
5	Ashraya Womens Centre (Women in distress)	25251929
6	Bangalore Missing person Bureau	22943177
7	Helping Hand	23535766 / 23535787
8	SAHAI (Suicide Prevention)	25497777
9	Dementia Helpline	9342730936 / 9342730939
10	Dialysis	25204000

RAILWAYS

Sl. No.	Names	Tel Nos.
1	Rail Call Centre	139
2	Railway Accident Enquiry	1072
3	Public Relation Officer	22874670
4	Railway Control Room	22942666
5	Railway Police Station	22871057
6	Railway Enquiry	22269008

KARNATAKA STATE ROAD TRANSPORT CORPORATION (KSRTC)

Sl. No.	Names	Tel Nos.
1	Control Room	22255720
2	Subashnagar Bus Stand (Enquiries)	22870099 / 22871945
3	Rajajinagar Reservation Counter	23425782 / 22873377
4	Public Relation Officer	22226323
5	J.P. Nagar Reservation Counter	26593311 / 26586677

ELECTRICITY (BESCOM)

24 HOUR SERVICE

Sl. No.	Names	Tel Nos.
1	Centralised Complaint	12660 / 1917
2	KEB Power	22244641
3	For immediate help	22287118 / 119

TOURIST INFORMATION

Sl. No.	Names	TeL Nos.
1	Andhra Pradesh Tourism	41136373 / 22385513
2	India Tourism (Govt. of India)	25595417 / 25321683
3	India Tourism Development Corporation	22254393 / 22261048
4	Karnataka State Tourism Development Corporation	22352901 22352902

5	KSTDC for Conducting Tour KSTDC St. Mark's Road	22212098 / 22275869 / 22275883 51329222 / 51329211
6	Tamil Nadu Tourism	22286181
7	Uttaranchal Tourism	22249378

WATER SUPPLY AND SEWERAGE

Sl. No.	Names	Tel Nos.
1	Centralised Complaint	155313 (toll free)
2	BWSSB Public Relation Officer	22945114
3	Executive Director	22941100

BANGALORE MAHANAGARA PALIKE SERVICES

Voters ID Card, Taxes, Change of Khata, Gardens, Toilets, Garbage collection, Dead animals, Mosquitoes, Mud in mori, Road repair, Unauthorised construction, etc.

Sl. No.	Names	Tel Nos.
1	Control Room	22100031 / 22221188 / 22100035
2	Health Control Room	22975585
3	Birth / Death Registration	22975802
4	Citizen Service Centres Head Office East Zone West Zone South Zone	 22975500 22975800 22975600 22975702
5	Hearse Van and Ambulance	56690105 / 22975829
6	Malleswaram Control Room	23341692
7	Jayanagar Control Room	26566362
8	Mayo Hall Control Room	22975803
9	Central Head Office	22975586, 22221188
10	Election ID Card	22237455

11	Problems related to BMP (Water, Garbage, Cleaning, Road, Dumpings etc) Malleswaram Control Room Jayanagar Control Room Mayo Hall Control Room Kaveri Bhavan Control Room	23341692 26566362 22975803 22975586
12	Swacha Bangalore Helpline	9845024365
13	City Cleaning	22262089

BSNL

Sl. No.	Names	Tel Nos.
1	<u>Registration for New Telephone</u> Call Centre AGM (New Lines)	1500 22205392
2	<u>Fault Report Service</u> Centralised Fault Reporting Service Directory Enquiry (For Telephone Number, Names and Address)	198 197 2355555 40164016
3	Telephone Complaints	25309911 / 1600448000

FOOD SUPPLY KSFC

Regarding Ration Cards:

Sl. No.	Names	Tel Nos.
1	Kasturba Road (Central)	22214431
2	Shivajinagar (East)	25360750
3	Rajajinagar (West)	23353259
4	Vyalikaval (North)	23445702
5	Chamarajpet (South)	26613231
6	Head Office, Cunningham Road	22262187

BMTC

Sl. No.	Names	Tel Nos.
1	Control Room	22952522 / 22952422
2	Bus-pass & Complaints	22952534
3	BMTC Services	22952501 / 22952522

GOVT. SERVICES

Sl. No.	Names	Tel Nos.
1	R.T.O.	22254900
2	K.S.T.D.C.	51329222 / 51329211
3	G.P.O. Enquiry	22866772 / 22867901 22866772
4	Human Rights	22213431
5	Lokayukta	22257013

FREEZER BOX / EMBALMING SERVICES

Sl. No.	Names	Tel Nos.
1	Hospital Care	23571316
2	Kumar International	23367548
3	St. Peter's Undertakers	25442967
4	Snaize Brothers	22212140

OLD AGE HOMES IN & AROUND BANGALORE

Sl. No.	Name	Area	Tel.No.
1	Abhayashram	Chamarajpet	22424862 / 9342823630
2	All Saints Home	Hosur Road	25910793
3	Ambigara Chowdaiah Education Society	Utharahalli Hobli	26669930
4	Ananda Ashram Senior Citizen Home	Banneragatta Road	26784621
5	Aryajana Seva Trust, Gyanashrama	Bannerghatta	27828562, 25594457
6	Asha Bhavan	Carmelaram Post	28439961
7	Asha Jeevan Home for the Aged	Bannergatta Road	26595620 9845184079 / 9845055715
8	'Ashraya' Run by Srinidhi Charitable Trust	Manjunath Nagar	28376111 / 56701065
9	Ashraya Vridhashrama Sevashrama Trust	Uttarahalli	26390478 / 26600552
10	Balaji Old Age Home, Thirumala Education Society	Kengeri	65985726 / 9845812368
11	Bapuji Home for the Aged	Vijayapura, Devahalli Tq	7680570 / 9880943056
12	Basera Home for the Aged	Bennagana Halli	NA
13	Belaku Vriddhashrama	Jayanagar 9 th Block	26494588
14	Cletas Home (St. Augustine Nivas)	Hosur Road	25531617 / 41116975 / 25504897
15	Divya Jyothi Old Age Home (Divya Jyothi Vidya Kendra)	Nelamangala Town	7724981 / 7725013
16	Eshwar Old Age Home	Hegganahalli, Peenya II Stage	28360477
17	Eventide Home (Julia Craft House Associations)	Rajaram Mohanry Road,	22214534
18	Gandhi Old Age Home	Magadi Main Road	65703986 / 9243123730
19	Holy Family Home for the Aged	Arabic College Post	25444360

20	Mathru Chaya Home for Elders	BSK II Stage	26713421 / 26719622
21	Home of Hope	Devarajeevana Halli	28445509 / 56997274 9845281915
22	'Hosabelaku Home for Aged' Vidyaranya Educational Development Society	Virgonagar, Mandur	NA
23	Katherine Nivas	Vidyanagar PO, Yelahanka	28467218 / 28477618
24	VLN Prabhuddalaya (Formerly Kutumb)	Jigani Hobli, Anekal Taluk	08110 329299 / 9900242456
25	Lisa's Home	Lingarajpuram	NA
26	Little Sisters of the Poor Home for the Aged	Hennur Road	25444684
27	Little Sisters of the Poor	Hosur Road	25992433
28	Maruthi Institute of Nervous Disorders	Kodepalya, Dasanapura PO	23710513 / 9900822897
29	Mukti	H.R.B.R. Layout II Block	NA
30	Navajeevana Nilaya (Leprosy cured patients)	Marathahalli PO	28475049 / 25269657
31	OM Ashram	Bilekanahalli, Banneragatta Road	26581682
32	Om Sai Charitable Trust	Devasandra, K.R. Puram	55369303 / 4 / 5 / 6 / 1 9341343136
33	Our Lady of Light (Sneha Jyothi)	Anche Palya, Kumbalagud PO	28437239 / 28437383
34	Sandhya Deepa	Uthara Halli Hobli	26422481 / 26710727
35	Sandhya Kuteera (Sahaay Trust)	Puttenahalli	NA
36	Sandhya Sanjeevini	Kumbalagod Post, Kengeri	28437887 / 26563134
37	Seva Jyothi Vriddhashrama (Education Trust)	Magadi Road	NA
38	Shanthidham Foundation	Kanakapura Road	28432887
39	Sharada Krupa	Hongasandra, Begur Main Road	25735386 / 984529240

40	Shivabala Yogi Maharaj Trust Senior Citizens Home	3 rd Phase, J.P. Nagar	26586243
41	Siddalingeswara Yogavana Bettagalu Society	Bolare Post, Kanakapura Road	25985452
42	Sri Raghavendra Go-Ashrama Trust	Kumara Krupa Road	22259879 / 41138512
43	Sri Rama Vriddhashrama	Malleshwaram	23443806
44	Sri Sai Snehadhama Vriddhashrama	Magadi Main Road,	NA
45	Sri Satya Sai Baba Rural Development Society	Rammurthynagar	NA
46	Sri Satya Sai Vriddhashrama	Kadugodi	28454624
47	St. Teresa's Mercy Home	1 st Block, Rajajinagar	23570620
48	Stephen's Home for the Aged	Richards Town	25492720 / 25513805
49	The Bangalore Friend in Need Society	Colonel Hill Road	22865519
50	Thirtha Ashram	Gaurav Nagar, J.P.Nagar 7 th Phase	26655455
51	Thungabhadra Senior Citizen Care	Mahalakshmi Puram	NA
52	Udaya Old Age Home	Huskur Post	NA
53	Vallabhaniketana Vriddhashrama (Vishwaneedam Trust)	Kumara Park East	22269794
54	Vishrantidhama	Kanakapura Road	NA
55	Sai Krupa Charitable Trust	K.R. Puram	9886866156 / 9986599428
56	Sri Sainath Old Age Home	Chikka Thirupathi Road	9845200476 / 9980072117
57	Ashrayadhama Old Age Home	Rajajinagar	23124666 / 9341940044
58	Murali's Home for Senior Citizens	Bidadi	41138310 / 9845027770 9845943270
59	Ashaktha Poshaka Sabha	V.V. Puram	26679377

60	Lions Asha Deepa Senior Citizens Home	Kanakapura Road	26607999 / 28435964
61	Jeevan Sandhya Trust	Kanakapura Road	NA
62	LIC Care Homes Ltd.,	Madanayakanahalli Off Tumkur Road	9342186488 / 64505329

ELDERS HELPLINE

**Hello Senior Citizens!
 Are you depressed? Harassed?
 Abused? Exploited? Insecure?
 Distressed?
 Do you feel helpless?**

**Help is just a phone call away.
 For Counselling, Conciliation,
 Rehabilitation,
 Reunion, Legal advice, Police help**

**Call 1090 (a toll free line)
 between 8 a.m. and 8 p.m.**